



# Year 9 PSHE Journey



Term      Focus

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| HT1 | <b><u>Drugs Education-</u></b> <ul style="list-style-type: none"><li>- Reasons why people drink, Attitudes around Alcohol, Drugs the law and managing the risk and CCE, Dangers of Vaping</li></ul> |
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| HT2 | <b><u>Human rights and Hate Crime</u></b> <ul style="list-style-type: none"><li>- British Values</li><li>- What a Hate Crime is</li><li>- Online Hate Crime and reporting</li></ul> |
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| HT3 | <b><u>Health Education and Emotional Health</u></b> <ul style="list-style-type: none"><li>- Attitudes to Mental Health, Understanding anxiety and support strategies</li><li>- Dealing with change/loss/Grief</li></ul> |
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| HT4 | <b><u>Careers &amp; Economic Well-being</u></b> <ul style="list-style-type: none"><li>- Different types of careers</li><li>- Co-op careers uncovered</li><li>- Showcasing yourself</li></ul> |
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| HT5 | <b><u>Relationship and Sex Education- Intimate relationships</u></b> <ul style="list-style-type: none"><li>- Types of relationships</li><li>- Sexuality</li><li>- Consent and the law</li><li>- Sexual Violence and Harrassment</li></ul> |
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| HT6 | <b><u>Online Safety</u></b> <ul style="list-style-type: none"><li>- Cyberbullying,</li><li>- Internet safety</li><li>- Being safe and reporting concerns</li></ul> |
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