

Health and Social Care

In HSC students follow the Cambridge National HSC Level 1/2 – J835 Details can be found here: <https://ocr.org.uk/qualifications/cambridge-nationals/health-and-social-care-level-1-2-j835/>

Topics covered on the course are:

R032 – Principles of care in HSC settings

- Communication skills
- Safe guarding
- Rights of service users

R033 – Supporting individuals through life events

- Life stages
- PIES development
- Life events

R034 – Creative and therapeutic therapies

- Types of therapies
- Benefits of therapies
- Evaluating therapies according to PIES

This subject is assessed through the following components:

R034 – Principles of care in HSC settings (coursework – completed in year 10)

R033 – Supporting individuals through life events (coursework – completed in year 10)

R032 – Creative and therapeutic therapies (exam in Jan/June)

Recommended revision websites, resources and strategies:

<https://www.hoddereducation.com/subjects/health-social-care/series-pages/level-1-level-2-cambridge-national-in-hsc>

1. Revision cards with expert vocabulary on one side and example of the other
2. Mind maps with the Rights with examples
3. Posters with empowerment on
4. Websites: Tutor2u
5. Resources: R032: revision guide, class exercise books and worksheets